



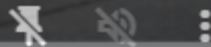
GIRLS

in the weight room

blink
fitness

let's lift girls up

This International Women's Day, we're celebrating girls with a special class* where they will learn how to lift weights. Let's crush gymtimidation before it even starts!



who:

Girls ages 14-17.

when:

Friday, March 8th,
at 4:30 pm.

where:

Your local
Blink Fitness.*

girls who attend will get a
FREE 1-year junior
gray membership.**



register now



approved 3/1/24